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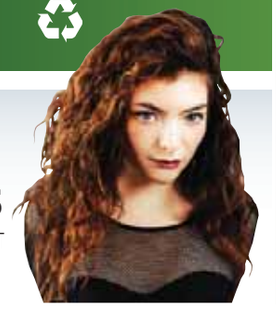
Parents hit the streets over teachers' strike

Rally aims to put pressure on both sides to reach a deal PAGE 3

POP STARDOM HASN'T MADE HER A PRINCESS

LORDE STILL DOESN'T WANT ROYAL TREATMENT PAGE 13



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Molson layoffs a sign of the times?

Brewery. Some point to the rise of the craft-beer industry as a factor behind the lost jobs

Fifteen workers were recently laid off from the Molson Coors brewery on Burrard Street in Vancouver, shown above. The union says the beer giant has seen a decline in sales while customer demand has shifted to craft beers. JENNIFER GAUTHIER/FOR METRO

Fifteen workers have been laid off at Vancouver's Molson Coors brewery in a move some experts say could be a sign of trouble brewing for big beer companies as consumer tastes shift to craft beers.

Gerry Bergunder, business agent for Local 300 — the brewery, winery and distillery workers' union that represents Molson Coors employees at the company's brewery on Burrard Street — said the layoffs took place about two weeks ago and affected bottle-line workers, including label operators and mechanics.

About 10 per cent of the Vancouver brewery's 150 workers were laid off, though the union is in talks with the company to find a way to re-hire some staff, Bergunder said.

"We're hoping that it will be temporary layoffs," he said.

Jennifer Kerr, the manager of corporate affairs for Molson Coors Canada, said the decision to downsize staff was made as a result of fluctuating consumer demand.

"It is a very competitive market," she said.

Bergunder pointed to a combination of factors behind the layoffs, including a trend toward cans and a rise in the popularity of craft beers. He said he first noticed the shift in consumer demand for craft beer a couple of years ago.

"There has been a decline in sales," he said. "I guess people just want to try something different."

He said the union is hopeful the pendulum will eventually swing back to traditional beer brands.

"We look at these as fads," Bergunder said. "It happened with Mike's Hard Lemonade and Smirnoff Ice — they become popular and then they fade out."

While craft breweries have seen a surge in popularity in recent years, Ken Beattie, executive director of the B.C. Craft Brewers Guild, said he doesn't think the industry is solely to blame for beer giants seeing a decline in sales.

He said the buy-local phenomenon is driving the consumer shift and is affecting the entire liquor industry, including wine and spirit manufacturers.

"Everyone's competing against each other for the same 19-to-whatever-age drinking person," he said.

Still, Beattie said he doesn't expect to see the popularity of craft beer fade anytime soon.

In the past four years, Beattie said craft-beer sales in this province have doubled and continue to grow, with 70 craft breweries currently operating and another 17 slated to open this year.

"People are changing their tastes," he said. "I don't think this is a trend and I don't think the bubble's going to burst any time soon."

THANDI FLETCHER/METRO

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FIVE THINGS YOU NEED TO KNOW TODAY

1
NOT YET TOO OLD FOR THIS
Actor Danny Glover, who has a history of supporting labour, spoke at Unifor's national conference yesterday in Vancouver.

2
TREND SETTING
Vancouver Fashion Week kicks off tonight with a gala hosted by Mary Zilba. The event welcomes 70 designers representing 25 countries. It runs until Sept. 21.

3
KING OF THE MONSTERS
If you missed the wanton destruction in theatres, now is your chance: Godzilla is back Tuesday on Blu-ray and DVD.

4
ON THE GREEN
Billy Horschel has nabbed the biggest payoff in golf. With his win in the $1.4-million Tour Championship on Sunday, Horschel also sealed the $10-million FedEx Cup bonus.

5
PREMIER PREMIERE
Jim Prentice is set to be sworn in as Alberta's new premier today. Alison Redford resigned in March after an expense scandal.

Parents take to streets as teachers' strike continues

People's Rally for Arbitration. Organizer says parents must keep up large-scale protests

MATT KIELTYKA
matt.kieltyka@metronews.ca

Hundreds of parents and their out-of-school children took to the streets of Vancouver on Sunday as teachers and government officials attempted to negotiate a way out of the strike.

The "People's Rally for Arbitration" began at 10 a.m. outside the Vancouver Art Gallery and kept growing larger throughout the morning as frustrated parents flocked in.

Music blared and children danced on the sunny weekend afternoon, but the festive nature of the rally didn't diminish the message. Children have already missed the first two weeks of the school year and will likely miss many more as the B.C. Teachers' Federation (BCTF) and B.C. Public School Employers' Association (BCPSEA) continue to butt heads over a new deal.

"This has been going on for a while now.... It's not a small strike anymore; it's a big strike," said parent Megan Harold. "They need to resolve it."

Harold, who has two children missing school, hopes large-scale rallies like Sunday's increase public pressure on both sides of the dispute.

"That's why we're here," she said.

Her husband, Alex Khadempour, said finding care for the children has been financially painful and hopes the kids can return to class within a month.

Kelowna mom Rebakah Pearce organized the rally, which was largely pro-teacher, and stressed the need for the public to have its voice heard.

"We're at the point where we need to continue to demonstrate in big areas with big groups of people," said Pearce, who has two children missing school. "The government needs to start actively responding, not just with words."

The rally coincided with a renewed round of negotiations between the BCTF and BCPSEA, which met in Richmond over the weekend.

Children sit atop a statue at the Vancouver Art Gallery on Sunday during a rally for public education. MATT KIELTYKA/METRO

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Mayor denies buying Twitter followers

Social media. Accounts of Gregor Robertson and his party see a surge in online following

Mayor Gregor Robertson and his political party, Vision Vancouver, deny having anything to do with the massive spike in Twitter followers both accounts experienced over the weekend.

The surge — the mayor's and the party's accounts jumped by 11,000 and 13,000 followers respectively — wasn't a result of real people taking an interest in Vancouver politics, but from a slew of fake Twitter accounts complete with phony photos.

It costs about $20 to buy 10,000 followers.

The apparent popularity boost, first documented in a blog by Global B.C.'s Justin McElroy, sparked a social media debate about whether Vision was trying to create a false impression of its popularity.

But the mayor and his team said that's not the case.

"It's spam … it's certainly nothing we've had anything to do with," Robertson told reporters Sunday.

Robertson's director of communications, Kevin Quinlan, also took to Twitter to defend the party, calling spending on followers an "amateur move" that makes no sense in an election campaign.

Why bother, he continued, when the mayor already had more followers than the closest challenger? Before the spike the mayor had about 44,000 followers, compared to rival NPA mayoral candidate Kirk LaPointe's 7,000 followers.

The party has contacted Twitter to alert the platform of the fake followers.

Quinlan and the mayor's chief of staff subsequently re-tweeted a suggestion that someone bought fake followers as a ploy to make the mayor and his party look bad.

"Pranking a political party, politician or anyone else by larding them up with fake followers is stupidly cheap and easy," communications professional (and Vision supporter) Rob Cottingham posted on Twitter.

"Thing is, you get what you pay for. Those new followers won't stand up to any scrutiny; they're glaring fakes," Cottingham posted, adding such followers are "useless" for a political party. **EMILY JACKSON/METRO**

Royal visit at the Blusson Spinal Cord Centre

Rick Hansen, left, looks on as Mustafa Hasan, right, demonstrates to Sophie Rhys-Jones, Countess of Wessex, how the Ekso Bionics assisted-walking device works as she tours the Blusson Spinal Cord Centre in Vancouver on Sunday. Their Royal Highnesses, the Earl and Countess of Wessex, also toured a fish hatchery in North Vancouver yesterday. The couple's five-day working holiday in B.C. ends Tuesday in West Kelowna.

JONATHAN HAYWARD/THE CANADIAN PRESS

Mountain hike

Man falls to his death near Squamish

A man fell do his death while hiking a mountain near Squamish.

RCMP said he fell while climbing Stadium Glacier, which is on Sky Pilot Mountain. **THE CANADIAN PRESS**

Chairlift accident

Ski resort in B.C. will not open

The Crystal Mountain ski resort near West Kelowna where a chairlift accident occurred in March will not be opening for the upcoming ski season. Four people plummeted to the ground and were sent to hospital. **THE CANADIAN PRESS**

Stolen car reported

B.C. residents arrested in Ontario

Ontario Provincial Police say two B.C. residents are in custody after a car was reported stolen in Sudbury, Ont. Jesse Biley, 22, of Burnaby, and Courtney Therrien, 23, of Chemainus, are facing several charges. **THE CANADIAN PRESS**

Hollow tree. Stanley Park's beloved, ancient red cedar set ablaze twice

Park board crews are cleaning up the damage after the 700-year-old western red cedar in Stanley Park known as the hollow tree was set on fire twice early Friday morning.

Fortunately, the damage to the stump was superficial, park board commissioner Aaron Jasper said Sunday. Some of the metal bars holding up the ancient tree require only a power washing and a repainting.

"Touch wood that this was isolated," Jasper said, although there have been five arson incidents in the park in the last three years.

The fire department and the police have increased patrols of the park to address the suspicious fires, but it is a "daunting task" to monitor the massive area, Jasper said.

The park board will ask staff to explore whether extra security around the tree is a viable option.

EMILY JACKSON/METRO

TWU. N.B. law society members vote against accrediting law school

A controversial law school proposed in British Columbia hit another hurdle Saturday after members of the Law Society of New Brunswick passed a resolution directing its council not to accredit it.

The members voted 137 to 30 in favour of the resolution, in a special meeting held in Fredericton.

The meeting was organized under the society's rules after it received a petition with more than 200 names opposing a decision in June by its governing council to recognize future graduates of Trinity Western University.

The Christian school requires all students and staff to sign a covenant barring same-sex relationships.

Law society president Helene Beaulieu said the result of Saturday's vote will be taken to the next council meeting on Sept. 26 to discuss the implications of the resolution.

"Council values the opinion of all the membership," said Beaulieu. "I am confident that council will work through this difficult and controversial issue with openness and transparency."

She said if the resolution is adopted, students from the university will not be eligible for admission to the bar in New Brunswick.

However, it is unclear whether the outcome of the vote is binding on the law society, which has said it will need a legal opinion.

THE CANADIAN PRESS

Quoted

"Difficult decisions involving fundamental rights and freedoms should not be decided by popular vote."

Earl Phillips, Trinity Western's executive director in response to the N.B. law society's vote on whether to recognize future TWU law grads

CP workers bulldoze gardens along the Arbutus corridor in August. JENNIFER GAUTHIER/METRO FILE

No deal struck on Arbutus corridor

Stalemate. Gardens will be bulldozed after city and CP Rail fail to reach settlement

EMILY JACKSON
emily.jackson@metronews.ca

CP Rail intends to bulldoze the rest of the gardens along the Arbutus corridor, after negotiations with the city broke down last week.

The railway paused its demolition of community gardens along the tracks pending talks with the city over the 11-kilometre stretch of land through Vancouver's west side, but the monthlong reprieve ended Friday when CP walked away without a deal.

CP wants to sell the land to the city for about $100 million, but that's "way, way beyond" the $20-million value the city places on the land zoned as a transportation corridor, Mayor Gregor Robertson told reporters Sunday.

"We wont be pushed around and bullied into paying tens of millions more than that land is worth," Robertson said, reinforcing a statement last week that clearing the gardens is just a negotiating tactic.

In a statement, CP said it is "extremely disappointed" the city "continues to significantly undervalue this corridor," adding it would be worth much more if rezoned for residential use.

Robertson admits a future council could rezone the land, but said that the city tried to negotiate some sort of profit sharing with CP if that happened. Meantime, Robertson intends to use the corridor for transportation.

"As long as I'm mayor, we won't be rezoning that land for residential development," he said.

The breakdown in negotiations points to a grim future for gardeners whose plots escaped the first round of destruction.

Gardeners at the decades-old Cypress and Maple community gardens are "very dismayed" at the latest turn of events, gardener Maureen Ryan said Sunday.

The land is not only an important for transportation and green space, but serves an important biodiversity function as a bee corridor, Ryan said.

Gardeners would also like to discuss with CP alternatives to herbicide spraying on the land.

The mayor said the city plans to monitor CP to ensure it follows bylaws regarding pesticides.

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Absent Fords are hot topic at T.O. debate

Elephants in the room. Candidates trade barbs about political family as current mayor remains in hospital with tumour

Rob Ford may be out of the Toronto mayoralty race, with his brother Doug not starting his campaign until Monday, but both Fords were front and centre at a feisty debate Sunday in Toronto.

Doug Ford — who has announced he will replace his brother Rob in the campaign because of his brother's diagnosis of a tumour in his abdomen — was at his brother's bedside on Sunday and not in attendance at the debate.

Nevertheless, the Fords were very present (the elephants in the room, so to speak) as the debate got underway.

They were the target of many of the barbs and criticisms from other candidates.

Both Olivia Chow and John Tory took jabs at the Ford brothers and each other as they debated their vision for Toronto. The third candidate, Ari Goldkind, who used the opportunity to convince voters he was a viable alternative for mayor, also deftly parried a zinger or two about the Fords.

Chow slammed both the Fords at the very beginning of the debate. "We have four years of the Ford brothers doing a lot of damage in this city," she told the 500-plus crowd. Tory didn't hold back either, saying the cutbacks in the Ford era were one of the reasons for the decrease in funding for the urban tree-planting program in the city.

Despite different platforms and campaign strategies, all three candidates were united in one idea — to begin a new era of politics at city hall. TORSTAR NEWS SERVICE

Doug Ford waits for family members to join him on Friday, before speaking to the media outside his mother's home in Toronto'. CHRIS YOUNG/THE CANADIAN PRESS

Mounties honour their fallen heroes

RCMP Commissioner Bob Paulson is presented a wreath during the annual RCMP Memorial Service to honour officers who have died in the line of duty. The ceremony took place Sunday at the Cenotaph at the RCMP Academy, Depot Division in Regina. LIAM RICHARDS/THE CANADIAN PRESS

Sierra Leone. Doctor dies of Ebola after evac request

Sierra Leone has lost a fourth doctor to Ebola, after a failed effort to transfer her abroad for medical treatment, a government official said Sunday. It's a huge setback to the impoverished country that is battling the disease amid a shortage of health-care workers.

Dr. Olivet Buck died late Saturday, hours after the World Health Organization said it could not help transfer her to Germany, Chief Medical Officer Dr. Brima Kargbo confirmed.

Sierra Leone had requested funds from WHO to transport Buck to Europe, saying the country could not afford to lose another doctor.

WHO had said that it could not meet the request but instead would work to give Buck "the best care possible" in Sierra Leone, including possible access to experimental drugs.

Ebola is spread through direct contact with the bodily fluids of sick patients, making doctors and nurses especially vulnerable to contracting the virus that has no vaccine or approved treatment.

THE ASSOCIATED PRESS

Ukraine. Shell-shocked town coming back to life

Months of daily shelling reduced the east Ukraine city of Luhansk to a ghost town, silent but for the explosions.

On Sunday, following a ceasefire agreement signed Sept. 5, residents in the second-largest city held by pro-Russian rebels in east Ukraine emerged in a rare show of jubilation that was half celebration, half simply relief at the reprieve in the violence.

The same wasn't true of the largest rebel stronghold of Donetsk, where fighting around the government-held airport has caught many residential neighbourhoods in the crossfire. The city council of Donetsk confirmed in a statement Sunday that there were civilian casualties, but couldn't specify how many.

The ceasefire deal has been riddled by violations from the start, and both sides have made it clear that they are regrouping and rearming in case the fighting starts anew.

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Global powers plan fight against ISIS

Promises of airstrikes but no ground troops. Nearly 40 countries agree to help combat the Islamic State of Iraq and al-Sham

Newly outraged by the beheading of yet another Western hostage, diplomats from around the world are in Paris pressing for a coherent global strategy to combat extremists from the Islamic State of Iraq and al-Sham (ISIS) — minus two of the main players and without any ground troops — in a conflict that threatens to spill beyond the Mideast.

U.S. Secretary of State John Kerry has been pressuring allies ahead of a conference Monday to show a united front, especially from majority-Muslim nations, saying nearly 40 countries agreed to contribute to a worldwide fight to defeat the militants before they gain more territory in Iraq and Syria.

The White House said Sunday it would find allies willing to send combat forces — something the United States has ruled out — but that it was too early to identify them. The U.S. has so far been alone in carrying out airstrikes.

Several Arab countries offered to conduct airstrikes against ISIS, according to a State Department official travelling with Kerry who briefed reporters on condition of anonymity to discuss diplomat developments during his trip.

A second official gave some examples of what the U.S. would consider a military contribution: providing arms, any kind of training activity and airstrikes.

Muslim-majority countries are considered vital to any operation, although previously there have been only vague offers of help. Iran was struck off the invitation list, and Western officials have made clear they consider Syria's government part of the problem.

"Ultimately, this is a fight within Islam, within Sunni Islam," White House chief of staff Denis McDonough told Fox News on Sunday.

THE ASSOCIATED PRESS

Quoted

"They are not Muslims, they are monsters."

U.K. Prime Minister David Cameron, on the killing of David Haines, a British aid worker held hostage by militants. Haines was the third Westerner to be killed by the extremists, after two American journalists.

Black market earnings

$3M

ISIS is a magnet for Muslim extremists from all over the world and rakes in more than $3 million a day from oil smuggling, human trafficking, theft and extortion, according to U.S. intelligence officials and private experts.

Gaza children return to school 2 weeks late

Palestinian school boys drink iced juice Sunday as they sit on the damaged wall of a school in Gaza City's Shijaiyah neighborhood. Some half-million Gaza children made a delayed return to school on Sunday after a devastating 50-day war with Israel that killed more than 2,100 Palestinians and damaged hundreds of school buildings. KHALIL HAMRA/THE ASSOCIATED PRESS

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Federal 'cabinet secrets' protected from public access

Access denied. Info on Viagra, military purchases, rail safety and Canadians' thoughts on chemical weapons programs inaccessible

Prime Minister Stephen Harper
AARON VINCENT ELKAIM/THE CANADIAN PRESS

Sexual dysfunction in the Canadian military is such a sensitive topic for the Harper government that federal officials have stamped all information related to it as a cabinet secret, never to be publicly revealed.

And there are a few other subjects the federal Conservatives don't want to talk about, such as why their planned $2-billion purchase of armoured vehicles was cancelled, how Canada feels about chemical weapons proliferation or what Transport Canada thought about rail safety criticism from the auditor general.

These subjects have become part of a growing list of routine memos, documents and reports that have been caught in a so-called dragnet of cabinet confidences following a stealthy Treasury Board directive in the summer of 2013.

The policy change now requires bureaucrats to consult departmental lawyers on what constitutes a secret, a decision formerly made by the Privy Council Office (PCO) — the PCO is now only consulted on "complex cases only."

The Canadian Press has found dozens of cases excluded under Section 69 of the Access to Information Act, which gives officials the power to withhold records meant to be seen only by the federal cabinet, such as information pertaining to planned cuts to the 2012 program providing free Viagra to the military.

THE CANADIAN PRESS

Downtown Halifax fire forces evacuation

Aerial units work to contain a fire that broke out in downtown Halifax yesterday. The blaze destroyed a commercial building and forced the evacuation of nearby homes. JEFF HARPER/METRO HALIFAX

Feds' critics muzzled?

Academics call for equal tax audits

More than 400 academics are demanding the Canada Revenue Agency (CRA) halt its audit of a think-tank, saying the Conservative government is trying to intimidate, muzzle and silence its critics.

In an open letter, the group defends the Canadian Centre for Policy Alternatives, a left-leaning think-tank that was targeted for a political-activity audit partly because it was deemed by the agency to be biased and one-sided.

The new audit program has led to what has been dubbed "advocacy chill," as some groups self-censor to avoid aggravating auditors.

Revenue Minister Kerry-Lynne Findlay has said the tax agency's political-activity audits are conducted at arm's length, and agency officials say their targeting decisions are neutral, non-partisan and balanced. THE CANADIAN PRESS

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So what's in store for Alibaba after IPO?

HOW TO ROLL
Alison Griffiths
metronews.ca

It'll likely take only seconds for investors to fork out a whopping $32 billion US on shares of Alibaba when the Chinese e-commerce gorilla becomes a public company on Friday.

That amount includes some 368 million shares that will be issued with Alibaba's gargantuan, record-setting initial public offering (IPO), plus the nearly 122 million shares that Yahoo Inc. will be selling. Yahoo currently owns 23 per cent of the company.

Founder Jack Ma will be unloading stock, too, though the amount hasn't been established.

If you are hoping to scoop up some shares at the estimated IPO price of $60 to $66, you can forget it. Rumour has it that the entire IPO has been spoken for or "taken up," as they say on the Street. Though you might have a shot at the stock Yahoo and Ma are selling.

Wall Street is positively quivering over expectations of a "pop" or stock surge. The business of The Pop is a stock market sideshow, as investors (read mega-financial firms, institutional investors, etc.) stand to gain billions in the blink of an eye.

Of course, it could go the other way. Remember Facebook's face plant in 2012? The IPO debuted at $38 and quickly dropped by half. Still, the patient money is laughing, as Facebook now trades at nearly $80.

Did LG do damage?

Samsung execs in a lather over alleged vandalism by rival

Samsung Electronics Co. has accused senior executives of domestic rival LG Electronics Inc. of intentionally vandalizing its washing machines at retail stores in Germany and has asked for an official investigation.

THE ASSOCIATED PRESS

Tomato/tomato

Protest or party?

Hundreds of young Dutch men and women turned Amsterdam's central Dam Square into a blizzard of red goop on Sunday, as they pelted each other mercilessly with overripe tomatoes.

In theory, the event was set up as a protest against Russian sanctions blocking imports of European fresh produce. In practice, most participants turned out to experience the joy of smacking a loved one — or total stranger — with tomato pulp at close range. THE ASSOCIATED PRESS

Dutch people threw tomatoes on Sunday. THE ASSOCIATED PRESS

New food magazine

Ricardo cooks up English version of his food mag

After publishing a food magazine for 13 years in French, Ricardo Larrivée (who writes a food column for Metro News) has launched an English version the food-dedicated magazine.

THE CANADIAN PRESS

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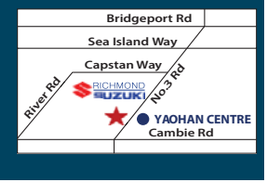

DON'T THROW MAYOR UNDER THE TRAIN

URBAN COMPASS

Paul Sullivan
vancouver@metronews.ca

Let's say you're the mayor of Vancouver.

In one of the nicest parts of your town, CP Rail is spreading herbicide and bulldozing gardens planted by kindergarten children to make a point. And if you don't cough up 100 million bucks for the Arbutus Corridor, it'll start running freight trains through Kerrisdale.

Just another day at the office.

You've got to hand it to the mayor. He fired off the best quote of the week when he refused to be intimidated by Canadian Pacific's demand: "The City of Vancouver will not be railroaded into paying CP too much."

But a great quote isn't going to keep CP from holding a freight train to the city's head. Talks between the two parties have broken down — again — so the good citizens of Kerrisdale should get ready for CP to "return the corridor to operating standards."

Cue the bulldozers and the weedkillers.

I realize there's not a lot of sympathy for the good citizens of the West Side and their multimillion-dollar neighbourhoods. While they face the grim prospect of the permanent destruction of their veggie gardens, over in Oppenheimer Park, people are living in tents because they can't bear to live in the flophouses of the Downtown Eastside.

If you were the mayor, where would you spend $100 million? That's a rhetorical question.

But there is no good choice here. Continue to resist and you get run over by a train. Capitulate, and risk being run over by outraged taxpayers in this November's civic election. Your best hope is to stall CP somehow until after the election, and if you're still the mayor, choose how you're going to get run over.

CP doesn't appear to be in the mood for stalling. The stiff-necked railroaders could start "returning the corridor to operating standards" this morning; gardeners and dog walkers be darned to heck.

Clearly, CP has a legal right to run freight trains along the rail line. But let's get serious. The railroad hasn't had a use for the corridor since 2000, so why now? It's hard to believe it's not just a bully tactic to get the mayor to knuckle under. To his credit, the mayor has come to the shootout armed with a good quote.

Here's the thing. We either live in a civil society or we don't. A civil society is based on kindness and wisdom, and there's nothing wise or kind about wrecking the Arbutus Corridor to make a point. Playing hardball with hardware may look good to CP shareholders … at least until the railroad needs some friends in the court of public opinion.

It's already bad enough that the kids' peas and tomatoes lie in a heap of rubble by the side of the track.

Stop now before someone gets run over by a train. Even if it is just the mayor's political future.

Honouring Amy Winehouse

A new statue of the late singer Amy Winehouse was unveiled Sunday in Camden's Stables Market, London, England. Three years after her death, the event coincided with what would have been her 31st birthday.
TIM IRELAND/THE ASSOCIATED PRESS

Late, great singer commemorated in bronze in London

Late singer Amy Winehouse has been honoured on what would have been her 31st birthday, with a life-size statue in her beloved Camden Town neighbourhood of north London.

Winehouse's many fans will have no problem recognizing the singer, who is portrayed sporting her distinctive beehive hairdo.

Winehouse's father Mitch Winehouse said Sunday it was "incredibly emotional" to see the statue.

Winehouse died three years ago after battling drug and alcohol abuse.

Her family has set up a foundation to help young people struggling with similar problems. THE ASSOCIATED PRESS

Quoted

"It is like stopping her in a beautiful moment in time.... We really hope Amy's fans love the statue."

Mitch Winehouse

MetroTube

This is what we waited for

ANDREW FIFIELD
andrew.fifield@metronews.ca

SCREENGRAB

Musician Andrew Huang is saying hello to his German friends, by rolling out a red-balloon-fuelled cover version of 99 Red Balloons by their countrywoman, Nena. The whole thing is a way to promote his tour of Germany, which he's following up with a few stops in England. That means we can look forward to We Will Rock You, played on stones — or Parklife, spliced together from Hyde Park ranting. (Andrew Huang/YouTube)

Letters

Re: Vancouver feminists up in arms over Naked Sushi, published Sept. 10, 2014 (Naked sushi) is as perhaps as 'ancient' as the Honda civic, but newer than Astroboy. I have never found someone able to prove that the practice existed before the 1980s economic bubble in Japan, where it seems to have spread from Yakuza circles to some male-only executive night outs. Even the 'proof' that it existed in the early 1980s is based on the memory of a single reporter on Yakuza events, who recalled more than a decade later that he had once seen it done then. Before that, I can find no trace of the practice in painting, literature, history, journalism or any other source. So, enjoy your modern Japanese gastrofetish. Just stop trying to give it pastiche of 'ancient', unless by 'ancient', you mean like Duran Duran. **Davi, posted to metronews.ca**

metro AR

SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 13 in Scene and page 22 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
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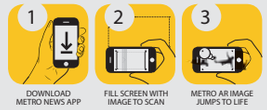

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Pop's new princess still a Lorde at heart

No royal blood. New Zealand teenager talks about her success, her creative impulses and the nature of celebrity

PAT HEALY
Metro Boston

metro AR If you haven't heard Springsteen cover Royals yet, scan this photo using your Metro News app to see a video of his performance.
GETTY IMAGES

Within the past 12 months, Ella Yelich-O'Connor has watched her debut single reach No. 1 and her debut album go platinum in the United States and New Zealand.

She has also sung a Nirvana song with surviving members of the band and watched Bruce Springsteen cover her biggest hit.

But despite this meteoric rise in popularity, the 17-year-old who calls herself Lorde promises she hasn't caved into the indulgences she criticized in Royals, the song that first put her on the map at this time last year. At least not all of them.

What's the most hypocritical thing you've done with your fame? The first line in Royals is, "I've never seen a diamond in the flesh," but surely you have by now.
Well I have, because my mom got engaged to my dad, so I've seen one of those now.

That's a real thing! She had never had a diamond ring before, so that line was for real!

But to be honest, I try to live as normally and simply as I can, because it's still kind of weird to me all the extravagance you see in this business.

I don't really buy anything. I still think $100 is a lot of money, because it is a lot of money.

It seems kind of crazy to just change your standards and your minimums and maximums just because you have more of stuff.

Do you ever have time to sleep in this new bed?
Yeah, I do. I've probably slept in it like 100 times.

So you haven't trashed a hotel room yet? No Grey Goose or trippin' in the bathroom?
Not only do I not trash hotel rooms, but I actually try to clean them before I leave. Because I'm like, "Nobody should have to clean up my mess!" so I try to do it a little bit.

Out of all of the experiences you've been a part of in the past year, what stands out the most?
People always ask me that, and I often struggle to find something because when you are in these crazy situations every day, you just have to find a way to make them normal, because if you don't, you're just going to go insane.

But, to me, awards shows are always crazy, like just being at the VMAs.

That, to me, was very much like, "What am I doing here? How come I am allowed access to this room?"

There's a line in your more recent single, Tennis Court, where you say "Everything's cool when we're all in line for the throne, but I know it's not forever." Are you talking about fleeting fame there?
That line was more in reference to knowing that what I had with my friends and what we had in our hometown that felt like this kind of sanctuary to us wasn't going to last.

But it totally applies to fame as well.

Ebooks

What If?

By. Randall Munroe

Kindle/iBooks/Kobo

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

Using an imaginative wit and stick figure comics, website xkcd answers people's silly, hypothetical questions about love, gravity, fire tornadoes, and speed-of-light baseballs. It's intelligent, wisecracking science that, unlike most web distractions, actually makes for deep reading. Sure, most of it is online for free but, as a book, it's easier to gift, cherish and encourage Munroe to keep writing.

Married with Children

Bumbling Bud may get spinoff

Much of the Married... With Children cast moved on to big things after it went off the air in 1997. Ed O'Neill landed Modern Family, Katey Sagal got a big part in Sons of Anarchy, and Christina Applegate has had leading roles in the Anchorman movies. Poor David Faustino, who played the hapless Bud, virtually disappeared. But there's talk that Bud's character might get a spinoff show and Applegate has hinted something is indeed in the works. "We're going to do something with Dave maybe. I don't know if it will be in character," she told the E! network.
THE CANADIAN PRESS

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Maybe a baby will quiet all the Bey and Jay breakup talk?

Divorce rumours were apparently just a summer thing, as Jay-Z and Beyoncé have a new look for fall: pregnancy talk! The rapper has launched new rounds of bun-in-the-oven speculation after a recent Paris concert where he changed one of the lyrics in Beach is Better to say, "'Cause she pregnant with another one."

Sneaky one, that Jay-Z. But according to OK! magazine, there's more than hidden messages in songs going on. "For the last month, Jay has been fiercely protective of her, just like he was when she was expecting Blue Ivy," a source says. "He's been doing everything he can to ensure that Bey is in a stress-free bubble."

Beyoncé and Jay-Z

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Ariana has a Grande list of off-limits interview topics

STARGAZING
Malene Arpe
scene@metronews.ca

Subjects not allowed when interviewing Ariana Grande include dating, ex-boyfriends, her work on Sam & Cat, her co-star on Sam & Cat, and working with Justin Bieber. I don't blame her and have no doubt her fans would rather hear what she has to say about the Dow Jones and cod.

Cara Delevingne gets a tattoo of the word "bacon" on her foot. Bit of a mix-up. It was supposed to say "grumpy model" but the tattoo artist is a bad speller.

Kim Kardashian says that both Pharrell and Anna Wintour encouraged her and Kanye West to name their daughter North. That explains why Pharrell and Anna Wintour knowingly wink at each other each time they meet.

When Prince Harry turns 30, he and Prince William will inherit their mother's wedding dress. That's not slightly creepy at all and here are some ideas for what to do with it: 1) Make 200 placemats. 2) Donate the fabric to a struggling parachute factory. 3) Put it in the attic, never open the box and walk around it without admitting you're walking around it every time you're fetching something else.

METRO CUSTOM PUBLISHING

Untapped potential

Step outside the path to discover the city's hideaways

ISTOCK PHOTO

Even for jet-setters, sometimes the greatest source of inspiration is right here at home.

And Canadians agree with this sentiment — 98 per cent say exploring our own cities or hometowns is a great place to start finding inspiration.

"I often take my city for granted," says local photographer Dan Lum. "Vancouver inspires me in many ways."

That's why American Express Canada recently worked with Lum and other residents of Vancouver to crowdsource the city's undiscovered gems and unveil them in an interactive map for locals to fuel their own journeys into the perhaps lesser known corners of the city.

Lum had some interesting picks:

1 Vancouver's Central Library, Lum says, "has incredible architecture, with reading and study areas that are accessed by bridges spanning sky-lit light wells."

2 The Seawall is one of his "favourite places to go for a walk in Vancouver. It's always alive with walkers, runners and riders. You can't help but feel inspired to get active."

These picks are just a taste, with a full, interactive map including everything from Jericho Beach, Lynn Canyon Park and the Third Beach Drum Circle.

"We are thrilled to see how passionate Vancouverites are about their city — Canadians really are interested in untapping the potential of the places they live to enrich their lives," says David Barnes, vice-president, advertising and communications, American Express Canada. "We hope this map will continue to motivate Canadians to seek out the city's hidden gems."

To find inspiration for reading, music, fashion, cooking, and wellness, head over to the #InspiredBy tab of the American Express Canada Facebook page at facebook.com/AmericanExpressCanada.

You gotta fight now to save for your right to party after you retire

What's your future plan? Cut costs now to set money aside for a comfortable retirement

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Visit the salon less often and sock away the difference for retirement. COLOURBOX

Imagine you've retired. There. You're done working. Now you have all the time in the world to do all the things you've always wanted to do. You can sleep in late. You can have lunch on the deck, take a stroll to the park, volunteer at your local school or hospital. There's time to knit, time to garden, time to putter around in the workshop or craft-room.

It's nice to paint pictures of what life will be like when we get to the stage where we can do what we want when we want. No more boss. No more nine to five. No more paycheque.

Yeah, that's a fly in the ointment isn't it? It will be if you haven't given any thought to how you'll pay for life when the paycheques stop showing up.

One of the biggest challenges for the young-and-just-getting-started is finding the balance between setting money aside for the future and all the other stuff competing for attention. The student loan has to be paid off, there's a wedding to plan, and a down payment is a priority. Besides, retirement is decades away.

Dollars and per cents

You do have time. Unfortunately, the longer you take to start saving, the more you'll have to sock away. Start in your twenties and you can save as little as six per cent of your income. Wait until you're in your thirties and you'll have to jack it up to 10 per cent. Delay until you're in your forties and you'll need to squeeze 18 per cent out of cash flow to save enough to retire.

Ways to cut costs

Finding ways to cut costs so you have the money to save is as easy as increasing your insurance deductibles. Would you really make a claim on your car insurance for under $2,000? Do you know what that would do to your premiums? Same goes for similar claims on home insurance. Combine your home and auto insurance and save up to 15 per cent. Raise your car insurance deductible to $2,000 and watch your premium drop. Stick the difference into your emergency fund until you've saved your deductible. Once that's done, send the extra money to your retirement savings.

Small changes can add up to big savings

Small changes can mean huge savings over the long term. Switch to an accelerated weekly or bi-weekly payments on your mortgage. You'll make the equivalent of one extra monthly payment every year, which could save you four years' worth of interest. And since that extra payment is spread over the whole year, your cash flow never feels pinched.

If you have kids, don't ignore the free money. When you put money into a Registered Education Savings Plan, the government gives you money to help with your child's education. If you put $2,500 in the plan for little Susie, the feds will add $500. That's an immediate 20 per cent return. Hey, the less you have to fund Susie's education from your own pocket, the more you can sock away for your own future.

Use your RSP tax savings smartly. Pay down your mortgage; the objective should be to get to retirement debt free. Boost your next RRSP contribution so you save even more on taxes. Or use your savings to max out your Tax Free Savings Account.

Get thrifty

Find 10 bucks here and 20 there to sock away each month. Think about extending the time between when you do routine things: Get your hair coloured/cut/relaxed every six weeks instead of every four, cut back on your lawn maintenance/home cleaning service from once a week to once every two. And then there are the frivolities you'll want to eliminate completely: Borrow your books and magazines at the library instead of buying them, borrow DVDs from friends and family, and learn to shop in the thrift stores.

The closer you get to boarding the retirement train, the more prepared you need to be to deal with the changes. Perhaps the best way to save for the future is to practise living as if you're already retired. What better way to see how the retirement shoe fits than to try it on? Figure out how much income you will have and use that to calculate what you'll spend for expenses like food, entertainment, utilities, clothes, gifts, cable/cell, and travel. Use the money you're no longer spending as a last big push to boost your savings for the future.

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Money 101. Two couples, one year to make them richer

Heading toward the savings finish line

In January, two Canadian couples took on the challenge to make over their finances and, together, they have improved their net worth by nearly $75,000. I have coached each couple about homebuying, debt reduction, living a frugal life and making savvy investment choices. These Metro Money Couples have three months left to achieve their 2014 goals. Watch their progress as they head toward the finish line. – *Lesley-Anne Scorgie*

As they continue to save more money, Anne-Marie and Peter's desire to own a home grows stronger. SHUTTERSTOCK

To boost their cash flow this month, Jose will be selling his car. SHUTTERSTOCK

Anne-Marie and Peter

Since January, Anne-Marie and Peter have improved their net worth by more than $44,000 thanks to major efforts towards debt reduction and a strong investment performance.

As the couple has become more financially confident, the desire to own a home has been growing stronger. Ideally, the couple would like to purchase a newer two-bedroom, two-bathroom condo or townhome priced less than $500,000 in the same Toronto neighbourhood in which they currently rent. This will require them to pull together a down payment of at least five to 10 per cent of the value of the home. For a $500,000 home, that equates to $25,000 to $50,000.

Anne-Marie and Peter plan to use the RRSP Homebuyer's Plan for part of the down payment. This program allows eligible first-time homebuyers to borrow up to $20,000 from their individual RRSPs for the down payment. But Anne-Marie and Peter only have $11,400 combined in their RRSPs and will likely need to borrow money from family for the remaining portion. As part of this month's homework, the couple will begin developing a plan to build up their down payment as quickly as possible.

Anne-Marie and Peter recap

- Location: Toronto
- Ages: 37 and 33
- Occupations: Broadcasting and sports editing
- Total household income: $110,000
- Life stage: First child arrived in May
- Financial savvy: Medium to high — they use budgets, have retirement savings, and are committed to paying off debt
- Rent or own: Rent
- Top goals for 2014: Pay off debt, start an RESP, and begin saving a down payment
- Current net worth: $110,000
- Homework from last month: Meet with a licensed life insurance broker and investment adviser

This month Anne-Marie and Peter began the process of interviewing investment and insurance advisers. In order to find the right adviser, the pair is working through a basic checklist:

• Get referrals from trusted sources;

• Interview at least two to three advisers;

• Inquire about how each adviser plans to manage the investment portfolio and insurance needs;

• Determine the fees and associated level of service;

• Listen to their gut instinct. If the adviser is attentive and has a good track record of success, it's an excellent sign.

Anne-Marie and Peter have also gotten creative about improving their incomes.

Peter works in publishing and is hoping to publish some of his personal literary work in exchange for a publishing advance and royalty payments. Anne-Marie is also considering tutoring children in French once she finishes maternity leave.

Homework

Develop a plan to save a down payment and continue the hunt for an investment and insurance adviser.

THE NAMES OF BOTH COUPLES HAVE BEEN CHANGED TO PROTECT THEIR PRIVACY.

Carolina and Jose

Through a home purchase, frugal living and debt repayment, Jose and Carolina have improved their net worth by nearly $30,000 since January.

Hampering their financial excitement, new homeowners Jose and Carolina were victims of Calgary's recent snowstorm. Many tree branches fell on their roof, causing damage and killing their largest tree. Despite insurance coverage, the estimated cost to repair the damage could be upwards of $1,000.

However, since adopting the two-third, one-third rule where the couple regularly applies two-thirds of their disposable income (money left over once all their bills have been paid) towards debt and one-third towards savings, they are in the fortunate position to handle the cost of the repairs.

To boost their cash flow this month, Jose will be selling his 15-year-old car for approximately $1,500 and relying on his company vehicle for transportation. Again, using the two-third, one-third rule, the couple will apply the majority of the money towards their line of credit balance, which is their highest interest debt.

Jose and Carolina continue to explore opportunities to grow their incomes. Carolina has begun advertising her crafting creations through social media and landed her first two presales. She also plans to post online classified ads for piano lessons at $35 per hour. Jose has armed himself with market data on competitive salaries for safety co-ordinator positions in Calgary, and plans to use this information in his upcoming salary review.

Jose is also working through a negotiation for compensation from a photography business of which he was a former partner. Sadly, Jose is learning a huge lesson through this process — without an executed contract that clearly defines roles, responsibilities and compensation, it's unlikely he will receive anywhere near the settlement for which he had been hoping.

Carolina and Jose recap

- Location: Calgary
- Ages: 33 and 32
- Occupations: Stay-at-home mom and roofing
- Total household income: $62,000
- Life stage: Three daughters, aged five, three and one
- Financial savvy: Medium — they have established a budget, purchased a home, are very frugal, and have no retirement savings
- Rent or own: Own
- Top goals for 2014: Pay off debt, buy a house, and visit family
- Current net worth: – $4,100
- Homework from last month: Establish RRSP accounts, review market salaries for Jose's profession, and negotiate compensation for past freelance work

Homework

Begin exploring more investment options.

LESLEY-ANNE SCORGIE IS A COLUMNIST WITH METRO, FINANCIAL COACH AND BESTSELLING AUTHOR OF WELL-HEELED.

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How to hold productive office meetings like nobody's business

Let's talk. Eight ways to save time and get more done during a business meeting

LAKSHMI GANDHI
Metro in New York City

You're at a meeting inside your office's conference room. You most likely feel:

a) bored out of your mind

b) confused as to what the point of the discussion is

c) annoyed that you were pulled away from your desk

or d) a combination of all of the above.

If there's one thing most office workers have strong opinions about, it's unproductive meetings. But despite all of the evidence, little has been done to change the way most companies conduct business. We recently chatted with consultants Dick and Emily Axelrod about their new book, Let's Stop Meeting Like This: Tools to Save Time and Get More Done, and what managers can do to fix common issues.

Tired of listening to your colleagues yammer on during meetings? Authors Dick and Emily Axelrod say there should be a limit to how long anyone can speak. COLOURBOX

Stay on track with a schedule

"There should be ground rules for how long anyone can speak," says Emily. Having a designated timekeeper who makes sure things stay on schedule and helps moderate discussions can make a big difference.

Make it a point to get everyone comfortable

"You want everyone to feel connected and have a collaborative space," says Dick. "If there are new people, then you really have to have time for people to get to know each other."

Give everyone a chance to speak

Letting one person dominate a meeting is a recipe for disaster. "One thing to do is to institute a rule that says, 'Before we discuss anything, we should go around the room so that everyone has time to speak,'" advises Dick.

Be clear about the purpose

"It's important to ask, 'What are we trying to create here?'" says Dick. "When you know where you are and what you want to create, you begin to see things that you didn't see before." One big complaint the Axelrods hear about meetings is that they often go off-track, wasting the time and patience of employees. "We had one person say, 'All my boss talks about is his family during the meeting and we have to stay and listen,'" Dick says.

Know what a successful meeting looks like

Managers, says Dick, should work to make sure that employees "leave a meeting feeling that it was time well spent. There should be a little challenge," he continues. "People should feel that they learned something new. What you don't want is a meeting where you're sitting there thinking, 'All of my work is piling up on my desk.'"

Build in breaks

On the other hand, sometimes there are simply long meetings that everyone must attend. In those cases, Emily recommends working five-to-10-minute breaks into the schedule to ensure that you have everyone's focus while the discussion is going on.

Timing is everything

Do you have a complicated rule change or proposal that you have to roll out soon? "If it's a content-heavy meeting, morning is a good time," says Dick. "The afternoon is for meetings that require lots of activity."

Let anyone who seems bored or distracted leave

The Axelrods say they once had a client who made all meetings voluntary because he was tired of dealing with employees who looked distracted or bored or were constantly on their phones. "If he gets the idea that they'd rather be somewhere else, he just asks them if that's the case," says Dick. "He trusts that people know how to manage their time."

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Studies have shown that companies can save nearly $2,000 per employee by allowing workers to telecommute. COLOURBOX

Telecommuters. Number of virtual workers to nearly double in two years

Until a few years ago, telecommuting was not considered a realistic option at most companies. But with technological advances like high-speed Internet and smartphones, more and more workers are now putting in a full day's work miles away from a conventional office.

In an editorial for the tech news site Re/Code, Josh Tolan (the CEO of the video interview service Spark Hire) notes that studies have shown that companies can save nearly $2,000 per employee by allowing them to telecommute and that virtual workers also tend to work longer hours.

A 2009 survey by Consumer Technographics found that 34 million Americans work from home at least some of the time. By 2016, that number is expected to jump to 63 million workers.

As with any dramatic change to company culture, Tolan also points out that hiring for a remote employee can be a little different than what recruiters may be used to. "You need to look for candidates who are motivated, passionate, top-notch communicators, and extremely independent and self-directed," he writes. "You can't hire someone who needs their hand to be held at every step of the process, because mentorship will be significantly harder in a virtual setting." LAKSHMI GANDHI/METRO IN NEW YORK CITY

Brain power

Learning possible while you sleep

French researchers have discovered that rehearsing simple word classifications up until we nod off leads to the brain continuing such exercises during sleep. "We show that the sleeping brain can be far more active in sleep than one would think," says Sid Kouider of Ecole Normale Supérieure in Paris. AFP

Stop eating at your desk. Taking a lunch break boosts energy and health

What are you doing for lunch today? If you are like most workers, you'll be eating at your desk — which isn't much of a break from your day at all. Studies have shown that only one in five American employees actually take a true lunch break.

"I've found that it's common for people to brag about how they're too busy to eat lunch. And when they do eat, it's at their desks, while staring at a screen," writes Forbes contributor Ruchika Tulshyan.

That's in sharp contrast to other countries like Singapore, where the midday meal break is considered sacred.

There are several reasons you should take full advantage of your lunch break. As Tulshyan points out, breaks are good for productivity and eating while you are distracted may not be great for your health. There are other advantages as well: Taking even a 15- to 20-minute break can improve both your concentration and energy levels throughout the afternoon. LAKSHMI GANDHI/METRO IN NEW YORK CITY

Active interest

Morning exercise great for kids

Finnish researchers have found that significant physical activity can increase boys' academic performance, and a study out of Michigan State University and the University of Vermont concludes that providing aerobic exercise classes in the morning could reduce symptoms of ADHD in school and at home, suggesting that such programs could increase concentration for all children. AFP

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Not having the most peachy thoughts about fall? Stay in denial a little longer

Grilled Chicken and Peaches. Don't put the barbecue away yet

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

FLASH FOOD

From your fridge to your table in 30 minutes or less

This recipe serves six. ROSE REISMAN

By the end of the summer, it may feel like you've exhausted cooking up plain old grilled chicken on the barbecue.

Liven up your poultry by trying this delicious peach glaze with ripe grilled peach halves.

Always be sure to cook chicken right through until the internal temperature reaches 165 F. I like to use an electronic temperature device, which saves you from having to open and close your barbecue hood, keeping the temperature consistent.

It's best to start brushing the glaze over top when the chicken is close to finished cooking to prevent the meat from burning or catching fire.

When it comes to selecting peaches for grilling, I recommend freestone peaches rather than the clingstone, as they are easier to separate from the pit when slicing and are delicious when eaten on their own.

Ingredients

Peach Glaze
- 1 cup peach jam
- 1 1/2 tbsp olive oil
- 1 tbsp light soy sauce
- 1 tsp Dijon mustard
- 1 tsp chopped garlic
- 1 tsp minced jalapeno
- Salt and pepper

For the Grill
- 6 boneless single chicken breasts
- 3 ripe peaches cut in half, pit removed

Garnish
- 1 tsp toasted sesame seeds

Directions

1. Combine all ingredients for glaze in small bowl. Divide in half.

2. Brush chicken with half of the glaze.

3. On barbecue, grill chicken breasts just until temperature reaches 165 F or no longer pink inside, about 15–20 minutes, brushing continually with glaze near the end of the cooking time.

4. During the last 5 minutes of grilling, place peach halves on barbecue and grill on both sides just tender.

5. Serve chicken with grilled peaches and remaining half of peach glaze. Garnish with toasted sesame seeds.

Nutritional information

Per serving:

- **Calories.** 430
- **Carbohydrates.** 42 g
- **Fibre.** 1 g
- **Protein.** 28.2 g
- **Total fat.** 5.5 g
- **Saturated fat.** 0.4 g
- **Cholesterol.** 68 mg
- **Sodium.** 77 mg

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MLS

Will Whitecaps add to roster before freeze?

If the Vancouver Whitecaps are to make any kind of a roster move, like adding a proven striker, time is running out.

For as long as the Whitecaps have been mired in another summer funk and scoring as a main issue, especially with a crop of young forwards, such as Erik Hurtado, Kekuta Manneh and Darren Mattocks, there have been calls for the local Major League Soccer club to add a proven man up front.

The MLS roster freeze is Monday, at 2 p.m. PT. After that, the Whitecaps will go into the final part of the stretch drive with the roster they have.

The Whitecaps looked to have fought back for a draw on the road against FC Dallas on Saturday, only to concede a late goal on a mistake from goalkeeper David Ousted — he owned up to it afterward — in a 2-1 loss to their Western Conference foes.

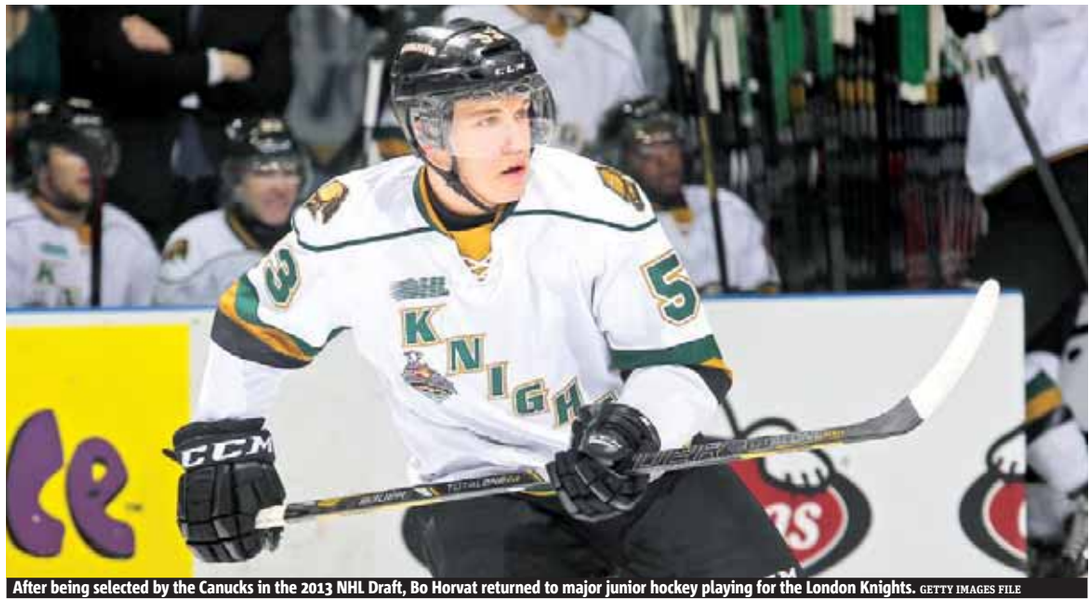
Hurtado scored Vancouver's lone goal. It was his first since June 7 — before the MLS schedule took a break for the FIFA World Cup.

The loss denied Vancouver of at least the single point. The Whitecaps still remain in the fifth and final playoff spot in the West, but they're one point up on the Portland Timbers and have used up their games in hand.

Those two teams meet in Portland on Saturday.

CAM TUCKER/METRO

Follow Cam Tucker on Twitter @camtucker_metro



After being selected by the Canucks in the 2013 NHL Draft, Bo Horvat returned to major junior hockey playing for the London Knights. GETTY IMAGES FILE

Horvat comfortable as shutdown centre

Canucks. GM Jim Benning said 2013 draft pick will be given chance at training camp

CAM TUCKER
cam.tucker@metronews.ca

There isn't anything flashy about the job of a shutdown centre, but Bo Horvat isn't shying away from its numerous blue-collar responsibilities.

It's nothing new for Horvat, who the Canucks took with the ninth overall pick after dealing Cory Schneider to New Jersey in the 2013 NHL Draft.

Horvat played the part, especially last season with the London Knights in the Ontario Hockey League.

"If I have to be a shutdown centreman, then that's what I'll do," said Horvat on Sunday, after the Canucks prospects lost 5-4 in overtime to the Winnipeg Jets prospects in Penticton.

Horvat was on the ice for three goals against in the second period, as the Winnipeg rookies opened up a 4-1 lead.

Two of those goals came in power-play situations for the Jets, and the other was scored seconds after the Canucks turned the puck over at the offensive blue-line, causing an odd-man rush back toward the Vancouver net.

Quoted

"If Bo comes in and he deserves to be on the team.... we'll figure out a way for him to get into the lineup."

Canucks GM Jim Benning

The third period was a different story for the entire Canucks team, with Horvat also on the ice for a pair of Vancouver goals.

The Canucks scored three times in the final 20 minutes, forcing the extra period.

For Horvat and the Canucks, there are only two options for the 19-year-old centre. Either he stays in the NHL, or he goes back to junior.

The AHL isn't an option.

When it comes to physical stature, Horvat certainly looks ready for the NHL.

His speed might be the biggest question mark heading into training camp, which begins next week in Whistler.

"He's going to come to camp and he's got an opportunity just like everybody else," Canucks GM Jim Benning said last week.

"If Bo comes in and he deserves to be on the team through training camp and preseason, he looks like he's ready, we'll figure out a way for him to get into the lineup."

4 SPORTS

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Seahawks wilt 30-21 in the San Diego heat

Up to 48 C. Chargers use the old Rivers-Gates combo to beat Super Bowl champs

The San Diego Chargers didn't need a 12th man against the Seattle Seahawks.

The blazing sun sure helped, especially when the temperature on the field at kickoff reached 48 C.

"Heat was a big issue — that's the first time it's ever happened to me," safety Earl Thomas said after the Seahawks lost 30-21.

Seattle's vaunted defence was on the field most of the game, unable to stop the Chargers. At one point, Thomas received an IV.

"You have to fight through it, next man up and try to get out there as quickly as possible," he said.

The San Diego Chargers' Eddie Royal, right, pushes off Seahawks Earl Thomas on Sunday in San Diego. GREGORY BULL/THE ASSOCIATED PRESS

The Chargers used an old, familiar combo — Philip Rivers to Antonio Gates — to upset the defending Super Bowl champion Seahawks.

Gates had three touchdown catches, including a spectacular one-handed grab, and the Chargers controlled the tempo to keep Russell Wilson and Marshawn Lynch off the field to beat the Seahawks 30-21 victory Sunday.

The 34-year-old Gates scored on catches of 8, 8 and 21 yards.

The 21-yarder was epic, as the star tight end split two defenders and extended for Rivers' pass, reaching out with his left hand to gather it in. Flat on his back in the end zone, he held up the ball to show the referee he'd made the catch that gave San Diego a 27-14 lead late in the third quarter.

The three touchdown receptions tied Gates' career high. Rivers was 28 of 37 for 284 yards.

Seattle was efficient when it had the ball, but it just didn't have it enough as the Chargers dominated time of possession on a steamy afternoon at Qualcomm Stadium.

"They had twice as many plays as we did today," coach Pete Carroll said. "It was a great job by Philip and their offence. Antonio Gates was phenomenal today. They were moving it like crazy and they just kept the ball away from us."

THE ASSOCIATED PRESS

Americans dunk another one

United States players celebrate their victory after winning the final of the FIBA World Cup against Serbia in Madrid, Spain, Sunday. The U.S. clobbered Serbia 129-92. Scan the above photo with your Metro News app to view a gallery of the U.S. win in Spain.

DANIEL OCHOA DE OLZA/THE ASSOCIATED PRESS

AL wild card race

A's beat Seattle to stretch their lead

Sam Fuld and Brandon Moss hit solo home runs, Jon Lester combined with three relievers on a seven-hitter and the Oakland Athletics beat the Seattle Mariners 4-0 on Sunday afternoon.

Oakland won its first consecutive games in three weeks and stretched its lead in the AL wild-card race. The A's now hold a 1 1/2 game advantage over Kansas City and a 2 1/2 game lead over the Mariners. THE ASSOCIATED PRESS

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Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
The final piece of a puzzle you have struggled with will fall into place over the next few days. Once you can see the entire picture, you will know why it took so long to make sense.

♉ Taurus
April 21 - May 21
While something may seem obvious to you, others may struggle to understand what you are talking about. Explain in plain and simple language.

♊ Gemini
May 22 - June 21
You may have to devote the daylight hours to work-related matters but once the Sun goes down your thoughts will be on having fun.

♋ Cancer
June 22 - July 23
According to the planets you should follow a course you have navigated profitably before rather than set out in a new direction. There is no need for any type of major change.

♌ Leo
July 24 - Aug. 23
You can sense that something is wrong and you know better than to ignore your instincts. Take the initiative and act immediately on your suspicions.

♍ Virgo
Aug. 24 - Sept. 23
You may not understand how your mind has arrived at a certain conclusion but deep down you know it is the right one for you. Come the end of the week it will make sense.

♎ Libra
Sept. 24 - Oct. 23
Try not to criticize yourself. If you made a mistake of some kind then learn from it quickly and move on. Today's failure can be tomorrow's success.

♏ Scorpio
Oct. 24 - Nov. 22
Think positively about what you are required to do by people in positions of authority. It may not be what you want to do but the bottom line is they have the power and you do not.

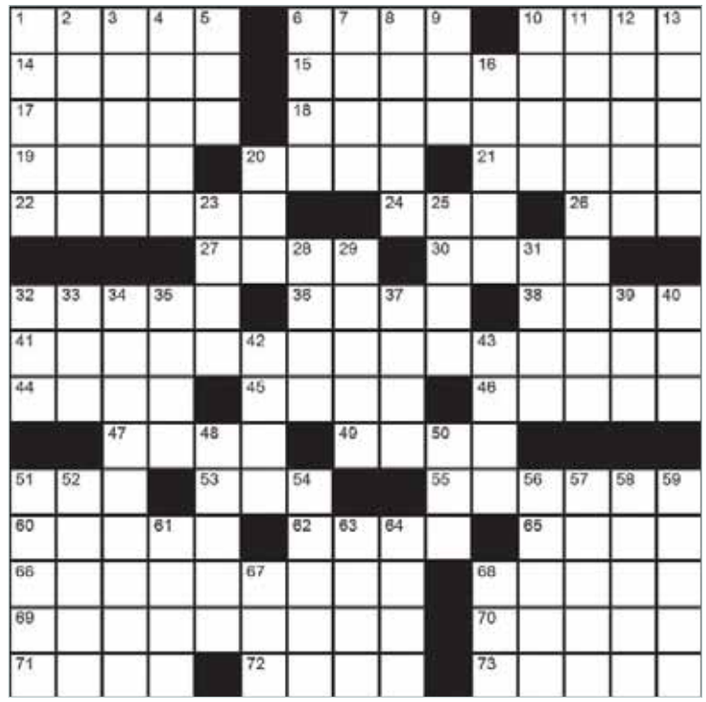
♐ Sagittarius
Nov. 23 - Dec. 21
You know a good thing when you see it and what you see today will get your mind racing. How can you make it work for you? Don't let others tell you it's selfish to think that way. It's just common sense.

♑ Capricorn
Dec. 22 - Jan. 20
Why are you worrying for no good reason? Planets suggest that nothing will happen without your say-so, so try not to be so defensive about life.

♒ Aquarius
Jan. 21 - Feb. 19
Don't be judgmental of people whose lifestyles differ from your own. Maybe the world would be a better place if everyone was just like you but that isn't going to happen.

♓ Pisces
Feb. 20 - March 20
You need to resolve a dispute with a loved one or co-worker and you need to do it right now. Say sorry and move on.

Crossword: Canada Across and Down by Kelly Ann Buchanan



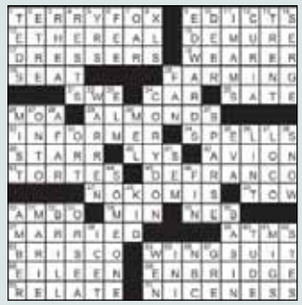
Across

1. Toronto-born singer, Melanie __
6. Writer Ms. Tarbell's
10. Does in, hitman-style
14. Diplomatic delegate
15. 'John Hancock' is a famous one
17. Aristocracy
18. American fashion store opening this week in Calgary
19. Stand-up Mr. Cook
20. Piece from a pine
21. __ scheme (Investment fraud)
22. Where to eat lingonberry jam
24. Denzel Washington movie, "The Book of __" (2010)
26. Y-ending word's plural suffix
27. Complication
30. Genuine
32. Waters: Spanish
36. Many
38. Toss
41. Men Without Hats hit: 4 wds.
44. __-dieu (Prayer bench)
45. __ Saint-Luc, QC
46. Roman roads
47. Biblical mount
49. Pluses
51. Meditation sounds
53. High sch. math
55. #34-Down's comedy duo partner Mr. Marin
60. Some tomatoes
62. Russian river
65. Low-lying area
66. __-rich foods (Kefir, sauerkraut and miso soup, as examples)
68. Muffin alternative
69. Hit by #1-Across that goes "...to know how much I really love you...": 3 wds.
70. Pretty perfect
71. No: Russian
72. Tinted
73. Actress Laura's

Down

1. Nourishes
2. Groom's new relative
3. Pertaining to sheep
4. Esteemed
5. Nautically nae-not
6. Money Object link: 2 wds.
7. Singer of early-'60s hit "The Wanderer"
8. Harmonize
9. Audio [abbr.]
10. Sgt. Snorkel's comic strip dog
11. Canadian companies The Brick and Leon's sell it
12. Was overcome by stage fright
13. 18-wheelers
16. "A Dandy in __" (1968 spy movie)
20. Wolf Blitzer's network
23. Gas station name
25. __-majeste (High treason)
28. Moreover
29. "Something's __ Give" (2003)
31. Riot
32. Smartphone purchase
33. Half of Chef Ramsay's name
34. 1978 comedy starring current season of "Dancing with the Stars" Canadian comedian Tommy Chong and #55-Across: 3 wds.
35. James __ (Pulitzer-winning writer)
37. Afterwards...
39. Camera type, commonly
40. CFL feats
42. Environmental sci.
43. Hope
48. Herb type
50. Caesar's 650
51. "Should I wear the necklace __ __?" (Jewellery-owner's query)
52. Jerry's dad on "Seinfeld"
54. Brave
56. Duck
57. Gung-ho
58. Tidy
59. FOX's "__ Kitchen"
61. Somewhat: 2 wds.
63. Cold crystally coating
64. Perfected
67. Bygone
68. Tender

Friday's Crossword



Online

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Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

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	2		3					6
	1		5				9	
2							3	
		8	9		1	4		
	6							8
	5				6		7	
8					3		5	
4			2	5		1		

Friday's Sudoku

4	8	1	2	6	9	5	3	7
7	3	9	4	5	8	2	1	6
6	2	5	1	3	7	9	8	4
2	5	3	9	1	4	7	6	8
9	4	8	3	7	6	1	5	2
1	6	7	5	8	2	3	4	9
3	9	2	8	4	1	6	7	5
8	1	6	7	2	5	4	9	3
5	7	4	6	9	3	8	2	1

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Calgary Travel Oct 4 – Oct 11	from $335
Honolulu Travel Oct 29 – Nov 5	from $489
Toronto Travel Oct 22 – Oct 29	from $529
London Travel Oct 25 – Nov 13	from $859

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We have deals you won't find anywhere else!

Puerto Vallarta
7 Nights 4-Star
$949◊ from
Price per person based on family of 4.

Varadero
7 Nights 4-Star
$1365◊ from
Price per person based on family of 4.

Los Cabos
7 Nights 4.5-Star
$1369 from

Ixtapa
7 Nights 4-Star
$1399 from

Punta Cana
7 Nights 4-Star
$1995 from

Riviera Maya
7 Nights 4-Star
$1999◊ from
Price per person based on family of 4.

Local Getaways

Kelowna
October Long Weekend Family Special, 3 Nights
$119◊ from pp
INCLUDES accom in a 1-bedroom suite with kitchenette at a lakeside resort. Price per person based on family of 4.

Victoria 2 Nights 4-Star from $135pp
INCLUDES Inner Harbour accom near downtown. **ADD** Butchart Gardens admission from $35.

Whistler 2 Nights 4.5-Star from $189pp
INCLUDES accom in the Village. **ADD** 4x4 ride and Whistler bear viewing tour from $215.

Flights & Cruise

Hawaii
Family Special, Flights + 3 Nights + 7-Night Cruise
$1999◊ from
INCLUDES flights, family-friendly Waikiki accom near beach and cruise sailing roundtrip Honolulu visiting Maui, Hilo, Kona and Kauai. **BONUS** $50Ω onboard credit included. Price per person based on quad occupancy. **UPGRADE** to 4.5-star accom and balcony stateroom from $2499◊.

City Breaks

Las Vegas Flights + 3 Nights 4-Star + Show Tickets
$539 from
INCLUDES roundtrip airport transfers and central 4-star accom on the Strip. **BONUS** two free$^{\Delta}$ tickets to Las Vegas' top shows included. **ADD** Grand Canyon South Rim Bus Tour from $105.

Anaheim Family Special, Flights + 4 Nights + Car + Park Passes from $759◊
INCLUDES accom walking distance to theme parks with car rental with unlimited mileage and *Disneyland* Resort 3-Day *1-Park Per Day* Ticket. Price per person based on family of 4. **ADD** Character Dining experience from $35.

New York Flights + 3 Nights 4-Star from $815
INCLUDES 4-star Manhattan accom near Central Park. **ADD** Broadway theatre tickets to *Chicago* from $145.

Honolulu Flights + 7 Nights from $979
INCLUDES Waikiki accom near the beach with airport lei greeting. **ADD** Paradise Cove Dinner Luau from $85.

London Flights + 7 Nights from $1379
INCLUDES Kensington area accom near Harrods. **ADD** Royal London tour from $59.

Paris Flights + 7 Nights from $1419
INCLUDES Montmartre area accom near the Sacre Couer. **ADD** Illuminations of Paris tour from $39.

International Adventures

Southeast Asia
Flights + 12-Day Tour
$1655 from
INCLUDES flights into Bangkok and 12-day tour visiting Siem Reap, Angkor Wat, Kompong Cham, Phnom Penh, village homestay, Sihanoukville and return flights from Ho Chi Minh City. **ADD** 2 nights central Ho Chi Minh accom and discovery tour from $95.

Egypt Flights + 14-Day Tour from $2699
INCLUDES roundtrip Cairo flights and 14-day tour visiting the Pyramids, Saqqara, Temples of Philae/Aswan, Nile felucca cruise, Temple of Horus/Edfu, Valley of the Kings/Luxor and the Red Sea Riviera.

Peru Family Special, Flights + 1-Night 4-Star + 9-Day Tour from $2919◊
INCLUDES roundtrip Lima flights, 1-night pre-tour 4-star accom in Lima and 9-day family tour visiting the Amazon Jungle, exclusive rainforest lodge, Cuzco, Aguas Calientes and Machu Picchu. Price per person based on family of 4.

Australia Flights + 4 Nights + 8-Day Youth Tour from $3309
INCLUDES flights into Alice Springs and 8-day tour visiting Quorn, Coober Perdy, Uluru and Kings Canyon and return flights from Adelaide. **BONUS** 2 nights pre-tour Alice Springs accom and 2 nights post-tour Adelaide accom included. Tour for ages 18-35's.

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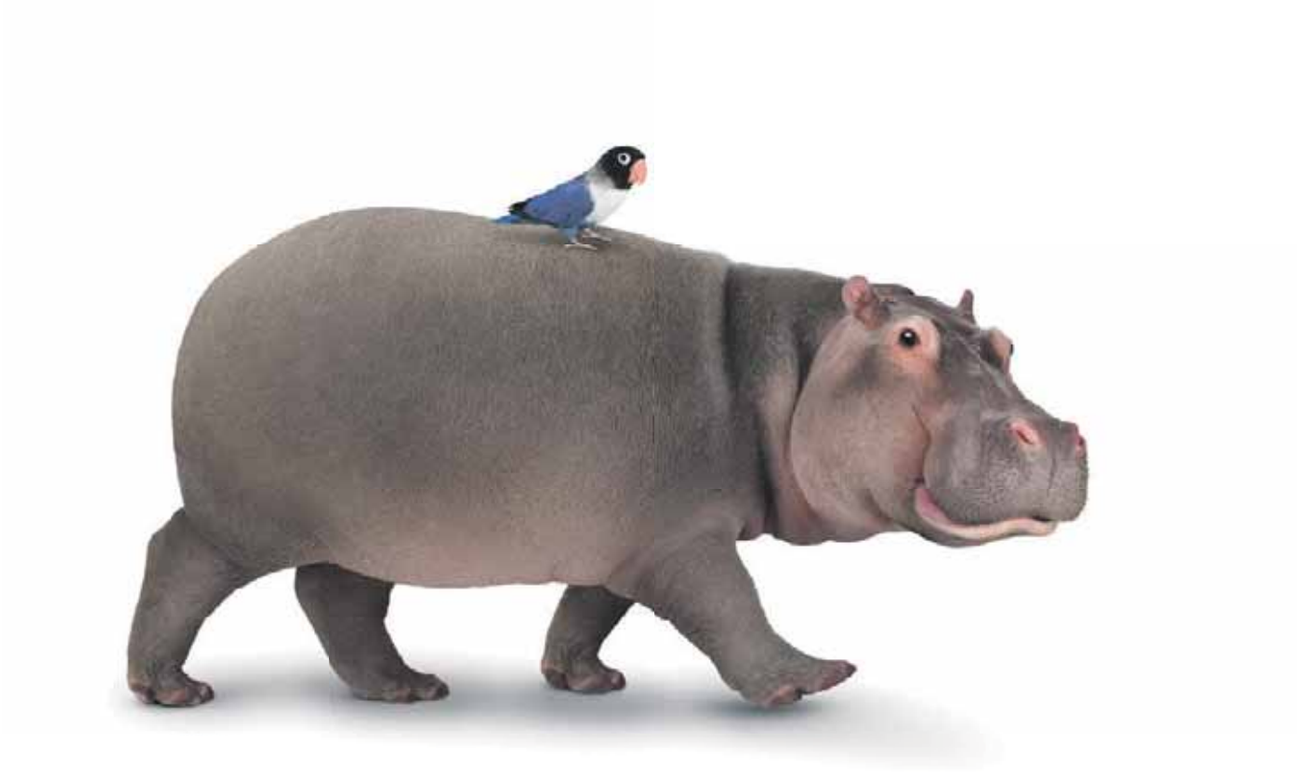

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